

TREK 1 Appalachian Trail: Initial 1 Night Out & Back Trek Harriman State Park

Note: Cedar Pond Campsite (with water & Privy) can be reserved by BSA Troop

DAY	Starting Location	Mode	Destination	Miles	Notes
Sat	Westchester	Drive	Elks Pen Arden Valley Road		Park cars and start trek
Sat	Elks Pen Arden Valley Road	Backpack	Cedar Pond Lake Tiorati	5.8	Night 1 (reserve campsite)
Sun	Cedar Pond Lake Tiorati	Backpack	Elks Pen Arden Valley Road	5.8	Return to cars
Sun	Elks Pen Arden Valley Road	Drive	Westchester		Return home
Total Trek Miles				11.6	

TREK 2 Appalachian Trail: Two Night Trek Route 301 to Bear Mountain Inn

Note: Groups larger than 12 should reserve Dennytown campsite. Both campsites have water and a privy

DAY	Starting Location	Mode	Destination	Miles	Notes
Fri	Westchester	Drive	NY 301		Support drop off trekkers and gear
Fri	NY 301	Backpack	Dennytown Rd	3.7	Night 1
Sat	Dennytown Rd	Backpack	Graymoor Spiritual Center	8.6	Night 2
Sun	Graymoor Spiritual Center	Backpack	Bear Mountain Inn	7.5	Trek Complete
Sun	Bear Mountain Inn	Drive	Westchester		Support bring trekkers home
Total Trek Miles				19.8	

TREK 3 Northville-Placid Trail Middle Trek: Four Night Lake Durant to Piseco

Note: Optional 2.5 mile detour to Brooktrout Lake LT for night 3 extends trek over 50 miles

For groups larger than 9 request a permit from local forest ranger. See <http://nptrail.org/safety/nys-forest-rangers>.

DAY	Starting Location	Mode	Destination	Miles	Notes
Sun	Westchester	Drive	Lake Durant Campsite (Rt 28)		Drop off passengers and gear
Sun	Lake Durant Campsite (Rt 28)	Drive	Cold Stream Bridge Parking (Piseco)		Leave cars to be picked up after
Sun	Cold Stream Bridge Parking	Drive	Lake Durant Campsite (Rt 28)		Night 0: Staging campsite (Reserve)
Mon	Lake Durant Campsite	Backpack	Wakely Dam Camping	12.4	Night 1
Tue	Wakely Dam Camping	Backpack	Beaver Pond LT	10.6	Night 2
Wed	Beaver Pond LT	Backpack	West Lake LT #1	6.0	Night 3 (Detour option for 50 miler)
Thu	West Lake LT #1	Backpack	1st Spruce Lake LT	6.9	Night 4
Fri	1st Spruce Lake LT	Backpack	Irondequoit Inn Camping	10.4	Go pass Cold Stream Bridge Parking
Fri	Irondequoit Inn Camping		Irondequoit Inn Camping		Post Trek Staging campsite
Sat	Cold Stream Bridge Parking	Drive	Westchester		Return home
Total Trek Miles				46.3	